

In re: Alan Roddis  
International Appn. No.: PCT/GB2003/002688  
International Filing Date: June 23, 2003  
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**In the Abstract:**

On new page 17 following the claims, please insert the following abstract:

GLAND PLATE

Abstract

A gland plate includes a rigid, disk-shaped element that includes at least one radially extending wall having a thickness of from about 0.1 to 4mm.